

## 2025 WINTER/SPRING SCHEDULE



North Bay Performing Arts Association  
**Contessi Ballet School**

Classical Ballet, Pas de Deux, Pilates,  
Contemporary/Jazz, and Tap

Classes for Children and Adults

*The finest non-profit studio in Sonoma County; we  
boast highly talented, professionally trained,  
experienced teachers in the performing arts.  
We are proud of the excellent reputation we have  
built since 1976, and are dedicated to maintaining  
quality.*

707-242-3478

[nbpacontessiballet@gmail.com](mailto:nbpacontessiballet@gmail.com)

[www.contessiballet.org](http://www.contessiballet.org)

**In the historic train station building**  
11790 Main Street, Suite E  
Penngrove, CA



### ***Contessi Ballet School's Clara's Enchanted Dream Winter Production***



North Bay Performing Arts Association  
**Contessi Ballet School**  
Finest Non-Profit School for the  
Performing Arts!

#### **FACULTY**

**Classical Ballet Program**  
Artistic Director & School Principal  
Joanna Priwieziencew  
Carla Curet-Auffant, Interim

**Ballet Master Teacher**  
Deborah Palesch

**Ballet Instructors**  
Elena Mankowski  
Tallulah Ayton

**STOTT Pilates Program**  
Michelle Hirsch

**Tap Program**  
Messina Lewis

**Jazz/Contemporary Program**  
Messina Lewis



**Contessi Ballet School, Winter/Spring Semester, Jan 6 - June 14, 2025**

**Kinder 1 & 2; Levels 1-6; Pre-Intermediate/Intermediate; Adult Program; Tap/Hip Hop/Contemporary**

**Welcome to  
Contessi Ballet School**

Marcella Contessi Smith founded the Contessi Ballet School over 40 years ago. As of August 2018, the North Bay Performing Arts Association, now owns and operates the business as a non-profit organization. We have highly talented, professionally trained and experienced teachers in the performing arts who train our students using the Vaganova and Cecchetti methods. We are proud of the excellent reputation Marcella Contessi Smith has built and we are dedicated to maintaining high quality classical training at our school. Instruction methods and techniques are based on the firm belief that every student has something to offer and learning should be fun and exciting! We are committed to small class sizes so that each student receives a generous amount of personal attention as well as an education in the history of classical ballet and other forms of dance.



Ballet attire for students:

Pink tights, pink ballet slippers and hair in bun  
Capezio training leotard, color by level as follows:  
Kinder: Pink, cap sleeve CC400C  
Level 1-2: Lt. Blue, cap sleeve, CC400C  
Level 3-4: Royal Blue, princess tank, CC202  
Level 5-6: Red, princess tank, CC202  
Pre-Intermediate/Pre-Professional: Black CC202  
Intermediate/Pre-Professional: Burgundy CC202

Dance Attire and supplies:

Bourrée Boutique, 100 F St., San Rafael  
Discount Dance (use Teacher Code TP142850 at checkout)

**Winter/Spring Semester  
January 6 - June 14, 2025**

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<b>4:30-6:00</b> Technique Level 3/4 Teacher: Carla	<b>4:30-5:30</b> Advanced Level 1 Ballet Technique Teacher: Elena	<b>5:00-6:30</b> Level 3/4 Technique Teacher: Carla	<b>4:00-5:00</b> Open Beginning Tap Teacher: Messina	<b>4:30-5:30</b> Level 1 Ballet Technique Teacher: Elena	<b>9:45-10:30 am</b> Kinder 1 Ballet (2-3yrs) Teacher: Tallulah
<b>6:00-7:00</b> Advanced Adult Ballet Teacher: Carla	<b>5:30-6:45</b> Level 2 Technique Teacher: Elena	<b>6:30-7:00</b> Level 3/4 STOTT Pilates Teacher: Carla/Michelle	<b>5:00-6:00</b> Youth Contemporary Teacher: Messina	<b>5:30-6:30</b> Level 2 Technique Teacher: Carla	<b>10:30-11:15 am</b> Kinder 2 Ballet (4-5 yrs) Teacher: Tallulah
<b>7:00-7:30</b> Adult Pointe/Partnering Teacher: Carla	<b>7:00-8:00</b> Pre-Intermediate/ Intermediate Pointe Teacher: Carla	<b>7:00-8:00</b> Intermediate Adult Ballet Teacher: Carla	<b>6:00-7:30</b> Pre-Intermediate/ Intermediate Technique/Pointe Teacher: Carla	<b>6:30-7:30</b> Beginning Adult Ballet Teacher: Carla	<b>11:30-12:15 pm</b> Open STOTT Pilates Teacher: Carla/Michelle
<b>7:30-9:00</b> Pre-Intermediate/ Intermediate Technique Teacher: Carla			<b>7:30-8:30</b> Open Advanced Contemporary/ Jazz Teacher: Carla	<b>7:30-8:30</b> Open Zumba Teacher: Carla	<b>12:15-2:00 pm</b> Combined Lvl 4/ Pre-Intermed/Intermed Technique/Pointe (1hr tech/45 min pointe) Teacher: Carla
<b>ADULT Dance Classes</b> Drop-In: \$25 per hour of class  <b>Adult Class Punch Card 8</b> hrs of Class: \$160 1 punch = 1 hr of class Unlimited for Month:\$195		<b>For School Pricing, please email studio at</b> <b>nbpacontessiballet@gmail.com</b> We're happy to help guide you to the class(es) most suitable for your student.			<b>2:00-2:30 pm</b> Combined Lvl 4/ Pre-Intermed/Intermed STOTT Pilates Teacher: Carla/Michelle